



Toe Up Socks

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Size:

EU 31-33 (34-36) 37-39 (40-42) 43-45

Yarn:

100g BFL Sock from Fingernemt
(100g = 425m)

Needles:

2,5 mm (US size 1.5) circular needles
(80 cm/32" cable)

Gauge:

30st + 40r = 10cm i stockinette
(after wash)

Other:

2 stitch markers

Videos:

Videoguides can be found on my
website:
(<https://fingernemt.dk/guides>).

About the design:

This knitting pattern uses Magic Loop (a) and knits a stockinette toe-up sock with an hourglass heel. This pattern is perfect for knitting 2 socks on the same cable.

Pattern:**Toe:**

Cast on 20(20)24(24)28 stitches onto two needles, so there are 10(10)12(12)14 stitches on each needle, using Judy Becker's Magic Cast-On.

Lock the stitches by knitting one round.

Hereafter, the toe increases begin:

1. rnd: Knit 1, increase to the left (M1L), knit to 1 stitch remaining on the needle, increase to the right (M1R), knit 1. Repeat on needle no. 2.

2. rnd: Knit all stitches.

Repeat these two rounds 8(9)9(10)10 times in total. You should now have 52(56)60(64)68 stitches. You are now finished with the toe.

Foot:

Knit in stockinette stitch until the foot measures 15(17)19(21)23 cm, measured from the tip of the toe.

Heel:

Now the heel is to be made. The work is divided into a front and back side. That is, you should have 26(28)30(32)34 stitches on each needle. The heel is knit over the first half of the stitches in the round. Use the natural division from when you knit the toe, so the toe doesn't sit crooked when the work is lying flat.

German Short Rows are used for the turning stitches (d). The heel is knit in knit and purl and only on one needle.

The first 26(28)30(32)34 stitches belong to the back of the sock and the heel is now knit.

1. row (RS - Right Side): Knit until 2 stitches remain, wrap the yarn around the stitch and turn.

2. row (WS - Wrong Side): Purl until 2 stitches remain, wrap the yarn around the stitch and turn.

3. row (RS): Knit to 1 stitch before the turning stitch (double stitch/ wrap), wrap the yarn around the stitch and turn.

4. row (WS): Purl to 1 stitch before the turning stitch (double stitch/ wrap), wrap the yarn around the stitch and turn.

Repeat row 3 and 4, 7(7)8(9)9 times in total. You now have 8(9)10(10)12 'un-turned' stitches (the ones without a wrap/double-stitch) remaining on the heel.

Now you have knit half of the heel and preparations are to be made for the second half. Knit to the 1st stitch with a wrap. Place a stitch marker. Knit the wrap and the stitch together (k2tog if the wrapped stitch is considered a double stitch).

Continue until all wraps are knit. Wrap the yarn around the stitch and turn. Purl until the stitch marker. Slip the stitch marker to the other needle.

Continue purling. Until the 1st stitch with a wrap. Place a stitch marker. Purl the wrap and the stitch together (p2tog if the wrapped stitch is considered a double stitch).

Continue until all wraps are knit.

Wrap the yarn around the stitch and turn.

1. row (RS): Knit until the stitch marker. Slip the stitch marker to the other needle and continue knitting until the second stitch marker. Remove the marker. Wrap the yarn around the stitch and turn.

2. row (WS): Purl until the stitch marker. Remove the marker. Wrap the yarn around the stitch and turn.

3. row (RS): Knit until the turning stitch. Knit the wrap and the stitch together. Wrap the yarn around the stitch and turn.

4. row (WS): Purl until the turning stitch. Purl the wrap and the stitch together. Wrap the yarn around the stitch and turn.

Repeat row 3 and 4, 7(7)8(9)9 times in total, you have now reached the outermost turning stitches from before. Knit/purl the wrap and the stitch together. You finish on the wrong side. You now have

26(28)30(32)34 stitches on the needle. Turn the work and knit across all 52 (56) 60 (64) 68 stitches of the sock. Knit the wrap and the stitch together on the last 2 turning stitches. Knit the remaining 50 (54) 58 (62) 66 stitches. You have now knit your heel.

Leg/Cuff:

Knit in stockinette stitch until the leg measures 20 cm, measured from the heel, or desired length. Knit 2, Purl 2 rib (k2, p2 rib), for 5 cm. Bind off the stitches with an elastic bind-off (e). Weave in your ends.

Knit the second sock the same way.

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